

THE REVOLUTION OF

GRAVITY

... will update
your Basketball
Fundamentals

Basketball clinic for coaches

TÖÖLÖN KISAHALLI

JUNE 2016

Helsinki

Friday 3rd (evening)

Finland

Saturday 4th (morning)

**By Spanish Coach
ANTONIO DE TORRES**

THE REVOLUTION OF CREATIVITY

BASKETBALL CLINIC BY **ANTONIO DE TORRES MORENO**

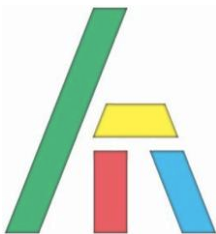
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COACHING CONTENTS



Antonio de Torres - Coach ATM

1. THE GREAT AIM: CREATIVITY

- a. Vision – Perception – Imagination
- b. How to detect it – promote – train – implement

2. MAIN FEATURES OF THE NEW PLAYER

- a. Quick: efficiency & anticipation
- b. Unpredictability: generating uncertainty

3. UPDATE OF INDIVIDUAL FUNDAMENTALS

- a. Dribbling: specific technique and applications
- b. Passing: specific technique, kinds and applications

4. UPDATE OF TEAM GAME CONCEPTS

- a. Timing: wait, see, deceive, surprise
- b. Spacing: push & pull, expand the court, punish the helper
- c. Reverse the ball to force a 2x2 without any available help

PRESENTED BY:
PEKKA KONTTINEN
ADRIÁN REYES

FRIDAY 3rd (evening)
SATURDAY 4th (morning)
JUNE

@ TÖÖLÖN KISAHALLI, HELSINKI

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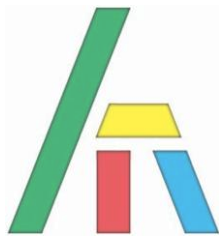
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MANAGING CONTENTS



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1. TALENT

- a. Definition (if any)
- b. Detection (if possible)
- c. How to bring it out
- d. How not to lose it or waste it

2. TYPES OF CLUB

- a. Environment
- b. Priorities and objectives
- c. Structure

3. COACHES DEVELOPMENT IN THE FRAME OF THE CLUB

- a. Profiling: coaching talent
- b. Getting Starting: coaching is not playing
- c. Coaching in practices, coaching in games
- d. From team manager to head coach
- e. Coaching career design inside the club

4. PLAYERS DEVELOPMENT IN THE FRAME OF THE CLUB

- a. Profiling (if possible)
- b. Getting started: playing requires mainly "to play"
- c. Optimize learning process by adapting it to their growing stage
- d. Set the basis for a good long lasting ever growing foundation
- e. Basketball goes far beyond the court limits: basketball is a school of life

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